

The Heroines of History Series

Kat Michels Bio

Kat Michels is an award winning writer, including two regional Emmy awards and a TDMonthly Editor's Choice Award. She is known for her passion in digging beyond the surface to unearth the hidden stories beneath, and is comfortable working in a variety of mediums. She has written two children's books, two short-form documentaries, a successful magazine column and she worked as a theater critic in the Los Angeles Metro area for over four years. Kat has started her own publishing company and her first historical-fiction novel is slated for publication this fall.

Kat's passion for writing started early. Growing up without a mother's guidance she was forced to seek council from elsewhere while learning to live with clinical depression and chronic illness. She found the inspiration to rise above these hardships in the stories of the past and now uses her own writing to reveal the hidden nuances of a long-gone generation that is not so different than the one we live in now.

Her latest project, The Heroines of History Series, examines the extraordinary deeds and motivations of great women in our past who have been largely overlooked by history. Kat tells their stories to not only honor their accomplishments and sacrifices, but also to empower today's generations to overcome what stands in their way in order to build a better tomorrow.

Presentation Topics

Kat is happy to customize a presentation specifically for your audience. Here is a selection of recommended presentations. You can visit her website for a more comprehensive listing.

Becoming the Most Dangerous Woman in America – Featuring Mary Harris Jones

- Achieving Greatness despite Loss and Setbacks
- Audience Take-Away:
 - o How to overcome loss and setbacks.
 - o How helping others will actually help yourself.
 - o How starting small is better than not starting at all.

Whack-A-Mole Suffragettes – Featuring Lucy Stone

- Accomplishing your goals without shutting others down
- Audience Take-Away:
 - o A step in the right direction for one, is a step in the right direction for all.
 - o Shutting others down damages your message and your image.
 - o You don't always have to yell to be heard.

Book Kat to Speak

To book Kat Michels as a speaker, please contact her:

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